

Name: \_\_\_\_\_ Date: \_\_\_\_\_

I am ready for First Communion.

*If I can do these things and answer these questions, I am ready for First Communion!*

- 1. I can do all the things on the Reconciliation worksheet. OR
- I am still working on learning some things on the Reconciliation worksheet:  
(write them here)
  
- 2. What is the Eucharist?
- 3. What does eating the body and blood of Christ do for us?
- 4. Who gave us the Eucharist? When did he give us the Eucharist?
- 5. How does the bread and wine become Jesus? What do we call the moment this change happens?
- 6. What do we call it when the bread and wine are changed to the body and blood of Jesus?
- 7. How do I get ready to receive the Eucharist?
- 8. How do I receive the Body of Christ (the bread)?
- 9. How do I receive the Blood of Christ (the wine)?
- 10. What do I do after I receive the Eucharist?

**Parents - help your children learn these things and answer these questions. Review with them frequently. Practice receiving the Eucharist at home with a cracker and some juice.**